

**Saliha B. Selman, Ph.D.**

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**Education**

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| <b>University of Wisconsin-Madison</b> , Madison, WI.                                                                                               | 2018-2023 |
| Ph.D., Human Development and Family Studies                                                                                                         |           |
| GPA: 4.00/4.00                                                                                                                                      |           |
| Minor: Advanced Statistical Analyses with High-Risk Families                                                                                        |           |
| <i>Dissertation: Child routines and preschoolers' cognitive and behavioral development in cumulative risk</i>                                       |           |
| Advisor: Janean Dilworth-Bart, Ph.D.                                                                                                                |           |
| <b>Boston University</b> , Boston, MA.                                                                                                              | 2016-2018 |
| M.A., Psychological and Brain Sciences, Department of Psychology                                                                                    |           |
| GPA: 3.93/4.00                                                                                                                                      |           |
| <i>Master's Thesis: The role of chronic physiological stress and mother-infant interaction in executive function development in early childhood</i> |           |
| Advisor: Amanda Tarullo, Ph.D.                                                                                                                      |           |
| <b>İstanbul Şehir University</b> , İstanbul, Türkiye.                                                                                               | 2011-2016 |
| B.A., Psychology, Faculty of Humanities and Social Sciences                                                                                         |           |
| GPA: 4.00/4.00; Valedictorian                                                                                                                       |           |
| Advisor: Reyyan Bilge, Ph.D.                                                                                                                        |           |

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**Academic Appointments**

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| <b>Assistant Professor</b> , Boğaziçi University, İstanbul, Türkiye   | May 2026-Present  |
| <b>Assistant Professor</b> , Ibn Haldun University, İstanbul, Türkiye | Jan 2025-May 2026 |

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**Grants and Fellowships**

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|---------------------------------------------------------------------------------|-----------|
| APC Waiver, Humanities and Social Sciences Communications (\$1,990).            | July 2026 |
| Zillman Trust Fund, University of Wisconsin-Madison (\$926).                    | May 2023  |
| Zillman Trust Fund, University of Wisconsin-Madison (\$820).                    | May 2022  |
| Conference Travel Scholarships (Alford Myers), UW-Madison (\$750).              | May 2022  |
| Zillman Trust Fund, University of Wisconsin-Madison (\$450).                    | May 2021  |
| Zillman Trust Fund, University of Wisconsin-Madison (\$1,310).                  | May 2020  |
| Research Grant, Child and Family Ecologies Laboratory, UW-Madison (\$350).      | Mar 2020  |
| Student Research Grants Competition, University of Wisconsin-Madison (\$1,200). | May 2019  |
| Full tuition scholarship for Graduate Student Fellowship.                       | 2016-2018 |
| Full Tuition Scholarship, İstanbul Şehir University.                            | 2013-2016 |

## Honors and Recognition

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|-----------------------------------------------------------------------|------------|
| Top downloaded paper of 2020-2025, Journal of Family Theory & Review. | March 2025 |
| Best Poster Award, Wisconsin Environmental Health Network (WEHN).     | Mar 2019   |
| 1st Place (Valedictorian), Class of 2016, İstanbul Şehir University.  | June 2016  |
| National Athlete (Class C Certificate), Turkish Karate Federation.    | Aug 2004   |

## Peer-Reviewed Publications

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\* denotes a graduate or undergraduate mentee.

### Developmental and Family Science

- Selman, S. B., & Dilworth-Bart, J. E.** (in press). Child routines and preschoolers' cognitive and socioemotional outcomes in cumulative risk. *Early Child Development and Care*.
- Yalcin, S.\*, & **Selman, S. B.** (2026). How parental lying relates to disordered eating. *Humanities and Social Sciences Communications*. <https://doi.org/10.1057/s41599-026-08357-8>
- Balin, B.\*, **Selman, S. B., & Wang, T.** (2026). Daily routines and maternal working hours in infant statistical learning. *Studies in Psychology*.
- Selman, S. B., Gurel, B. F.\*, & Dilworth-Bart, J.** (2025). Sleep matters: Attentional and behavioral outcomes among preschool age children of mothers with depression. *Journal of Child and Family Studies*, 34, 2432-2443. <https://doi.org/10.1007/s10826-025-03152-6>
- Selman, S. B., & Dilworth-Bart, J. E.** (2025). Reciprocal longitudinal relations between child routines and parenting. *Family Relations*, 74, 3017-3040. <https://doi.org/10.1111/fare.70021>
- Selman, S. B., Distefano, R., Dilworth-Bart, J. E., & Brooks-Gunn, J.** (2025). Child routines across preschool and associations with socioemotional adjustment. *Journal of Family Psychology*, 38(8). <https://doi.org/10.1037/fam0001299>
- Selman, S. B., & Dilworth-Bart, J. E.** (2024). Routines and child development: A systematic review. *Journal of Family Theory & Review*, 16(2), 272-328. <https://doi.org/10.1111/jftr.12549>
- Selman, S. B., Dilworth-Bart, J., Selman, H. S., Cook, J. G., & Duncan, L. G.** (2020). Skin-to-skin contact in infant emotional and cognitive development in chronic perinatal distress. *Early Human Development*, 151(105182), 1-7. <https://doi.org/10.1016/j.earlhumdev.2020.105182>
- Schultz, A., Malecki, K., Olson, M., **Selman, S. B., Olaiya, O., Spicer, A., Schauer, J., Kirkorian, H., & Dilworth-Bart, J.** (2020). Investigating cumulative exposures among 3- to 4-year-old children using wearable ultrafine particle sensors and language environment devices: A pilot and feasibility study. *International Journal of Environmental Research and Public Health*, 17(14), 5259-5274. <https://doi.org/10.3390/ijerph17145259>

### Clinical, Health, and Interdisciplinary Collaborations

- Derin, S., Genc, I.\*, & **Selman, S. B.** (2026). Childhood maltreatment and suicide ideation in youth with depression. *Istanbul University Journal of Health Sciences Research*, 9(1), 81-88. <https://doi.org/10.26650/JARHS2026-1849405>
- Derin, S., Ergun, A. F.\*, **Selman, S. B., & Yanik, M.** (2026). Childhood trauma, dissociative experiences, and ADHD symptoms in youth. *European Journal of Trauma & Dissociation*. <https://doi.org/10.1016/j.ejtd.2026.100653>
- Derin, S., **Selman, S. B., Ergun, A. F.\*, & Ecer-Ergun, T.\*** (2026). Indirect and conditional associations between ADHD and risky internet use in elementary school children with parent-child conflict and maternal childhood trauma. *Research on Child and Adolescent Psychopathology*, 54(1), 17. <https://doi.org/10.1007/s10802-026-01427-0>

- Selman, H. S., **Selman, S. B.**, Karabekir, N., & Coker, H. (2025). Integrating obstetricians into childbirth education and its association with reduced intrapartum interventions. *Maternal and Child Health Journal*. <https://doi.org/10.1007/s10995-025-04210-7>
- Cakir-Mete, B.\* & **Selman, S. B.** (2025). Humor in therapy: Assessing integration demand. *Journal of Cognitive Behavioral Psychotherapies and Research*, 14(4), 276-285. <https://doi.org/10.14744/JCBPR.2025.57506>
- Derin, S., Celik, S.\*, & **Selman, S. B.** (2025). Attention-deficit/hyperactivity disorder, social skills, and risky internet use among elementary school children. *Child and Adolescent Psychiatry and Mental Health*, 19(74). <https://doi.org/10.1186/s13034-025-00926-0>
- Derin, S., Altintas, I.\*, & **Selman, S. B.** (2025). Sleep disturbances, attention-deficit/hyperactivity disorder and self-harm among youth. *Journal of Attention Disorders*, 29(8), 635-644. <https://doi.org/10.1177/10870547251327479>
- Derin, S., Yapici, N.\*, & **Selman, S. B.** (2025). Attachment styles, maternal childhood trauma, and autism in offspring. *European Journal of Therapeutics*, 30(2), 71-80. <https://doi.org/10.58600/eurjther2573>
- Keshavarzi, H., Yanik, M., **Selman, S. B.**, Sanders, P., Top, D. & Khan, F. (2025). Development and validation of a Traditional Inventory of Islamic Virtues (TIIV). *Spirituality in Clinical Practice*. <https://doi.org/10.1037/scp0000406>
- Kuscu-Ozucer, I., Alnak, A., Akkopru, H., Karadogan, Z. N., Çaglayan, A. O., **Selman, S. B.**, & Coskun, M. (2025). Reduced peripheral expression of the TMLHE gene in Turkish youth with autism spectrum disorder. *Gene Reports*. <https://doi.org/10.1016/j.genrep.2025.102391>
- Coskun, M., Tanir, Y., Karayagmurlu, A., Karadogan, Z. N., Ozdemir, Y. E., Bulut, O. F., Karan, P., & **Selman, S. B.** (2025). Long-term impact of the COVID-19 pandemic on obsessive-compulsive disorder symptoms in children and adolescents: A one-year follow-up study. *Journal of Advanced Research in Health Sciences*. <https://doi.org/10.26650/JARHS2025-1657050>
- Adıyaman, A. E., Andic, E., Sahin, M. S., **Selman, S. B.**, Dolas, I., Unal, T. C., Dolen, D., Coskun, O., Barburoglu, M., Sencer, S., Aydoseli, A., Aras, Y., Sencer, A., & Sabanci, P. A. (2025). Feasibility of spinal facet joint injections with augmented reality headset: A cadaveric study. *Operative Neurosurgery*. <https://doi.org/10.1227/ons.0000000000001777>
- Derin, S., Ersin, M.\*, & **Selman, S. B.** (2023). Internet addiction in adolescents with attention-deficit/hyperactivity disorder: Associations with parental depression and anxiety. *Current Approaches in Psychiatry*, 15(1), 225-235. <https://doi.org/10.18863/pgy.1241913>
- Derin, S., **Selman, S. B.**, & Coskun, M. (2023). Gambling disorder in adolescents with attention-deficit/hyperactivity disorder: A case study. *Psychiatry Research Case Reports*, 2(2), 100160-100166. <https://doi.org/10.1016/j.psycr.2023.100160>
- Derin, S., **Selman, S. B.**, Alyanak, B., & Soyly, N. (2022). The role of adverse childhood experiences and attachment styles in social anxiety disorder in adolescents. *Clinical Child Psychology and Psychiatry*, 27(3), 644-657. <https://doi.org/10.1177/13591045221078085>

### Manuscripts Under Review and In Preparation

- Selman, S. B.** (revision under review). Child routines and noncompliance across early and middle childhood. *Submitted to Journal of Applied Developmental Psychology*.
- Selman, S. B.**, Derin, S., Celik, S.\*, & Ergun, A. F.\* (under review). Attention-deficit/hyperactivity disorder, child routines, and risky internet use among elementary school children. *Submitted to European Child and Adolescent Psychiatry*.
- Selman, S. B.** & Akcin, E.\* (under review). Cross-cultural adaptation and national validation of the Family Routines Inventory in Türkiye (FRI-TR). *Submitted to Psychological Assessment*.

- Ulusahin, L.\* & **Selman, S. B.** (under review). Media use, parent-adolescent conflict, and identity development. *Submitted to Journal of Youth and Adolescence*.
- Karakus, S.\* & **Selman, S. B.** (under review). Positive childhood experiences and lifetime substance use among young Turkish adults. *Submitted to Addicta*.
- Derin, S., Senturk, G.\*, & **Selman, S. B.** (under review). Social anxiety disorder, internet gaming disorder, and sleep disturbances among youth. *Submitted to Journal of Child Psychology and Psychiatry*.
- Zorlu, Z., Altun, M., **Selman, S. B.**, & Coskun, M. (under review). Psychopathology and trauma in adolescents at familial risk for bipolar disorder. *Submitted to Turkish Journal of Clinical Psychiatry*.
- Derin, S., Umar, E. N.\*, & **Selman, S. B.** (in preparation). The role of child routines in the association between attention-deficit/hyperactivity disorder and sleep problems in elementary school children.
- Derin, S., Parmaksiz, Z. P.\*, & **Selman, S. B.** (in preparation). Risky internet use in elementary school children with attention-deficit/hyperactivity disorder and its association with maternal social skills.

### Books and Book Chapters

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- Yaylaci, T. & **Selman, S. B.** (under review). Digital parenting. In M. Sardoč (Ed.), *Palgrave Handbook of Digital Citizenship*.
- Selman, S. B.**, & Derin, S. (2026). Neuropsychological assessment of children with neurodevelopmental disorders. In S. Çelik (Ed.), *Theory and practice of neuropsychological assessment in children* (pp. 101-142). Nobel Academic Publishing.
- Keshavarzi, H., Yanik, M., **Selman, S. B.**, Aycan, S. (2025). *Islamic guide to parenting: Nurturing character, spirituality, and resilience*. Claritas Books.

### Other Publications

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- Selman, S. B.** (2020). What's the secret to effective learning? (Etkili öğrenmenin sırrı nedir?). *Mesail*, 5(3), 15-17.

### Conference Presentations

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\* denotes a graduate or undergraduate mentee.

- Yalcin, S.\*, & **Selman, S. B.** (2026). How parental lying relates to disordered eating. Poster presentation at the *American Psychological Association (APA) Annual Convention*, Washington, DC, United States.
- Ulusahin, L.\* & **Selman, S. B.** (2025). The role of media usage in adolescent identity development: Parent-child conflict as a pathway. Poster presentation at the *Society for Digital Mental Health Fourth Annual Virtual Conference*.
- Genc, I.\*, Celik, S.\*, **Selman, S. B.**, & Derin, S. (2025). Childhood trauma and suicidal ideation in youth with depression. Poster presentation at the *21st International Congress of the European Society for Child and Adolescent Psychiatry (ESCAP)*, Strasbourg, France.
- Celik, S.\*, **Selman, S. B.**, & Derin, S. (2025). Are social skills the critical link between ADHD and risky internet use? Poster presentation at the *21st International Congress of the European Society for Child and Adolescent Psychiatry (ESCAP)*, Strasbourg, France.
- Erbay, A.\* & **Selman, S. B.** (2024). Understanding the role of education in the link between psychological flexibility and religiosity: A focus on values and acceptance. Poster presentation at the *54th Congress of the European Association for Behavioural and Cognitive Therapies (EABCT 24)*, Belgrade, Serbia.

- Karakus, S.\* & **Selman, S. B.** (2024). The interplay of positive childhood experiences and substance use attitudes in shaping physical health. Poster presentation at the *Turkish Psychological Association (TPD) VI. National Psychology Graduate Students Congress (UPLOK 24)*, Ankara, Türkiye.
- Ergüney, H.\* & **Selman, S. B.** (2024). Exploring the link between impulsivity and active procrastination in university students. Poster presentation at the *Turkish Psychological Association (TPD) VI. National Psychology Graduate Students Congress (UPLOK 24)*, Ankara, Türkiye.
- Eser, R.\* & **Selman, S. B.** (2024). Understanding cross-modal correspondences: Influence of semantic and perceptual factors in odor-color associations in Turkish culture. Oral presentation at the *Turkish Psychological Association (TPD) VI. National Psychology Graduate Students Congress (UPLOK 24)*, Ankara, Türkiye.
- Sener, N. N.\* & **Selman, S. B.** (2024). Examining future time perspectives and job satisfaction among college professors in the post-covid era. Oral presentation at the *Turkish Psychological Association (TPD) VI. National Psychology Graduate Students Congress (UPLOK 24)*, Ankara, Türkiye.
- Ulusahin, L.\* & **Selman, S. B.** (2024). Association between childhood play and career choices: The mediating roles of empathy and curiosity. Oral presentation at the *Turkish Psychological Association (TPD) VI. National Psychology Graduate Students Congress (UPLOK 24)*, Ankara, Türkiye.
- Erbay, A.\* & **Selman, S. B.** (2024). Linking psychological flexibility and religiosity: Values and acceptance. Poster presentation at the *4th International Congress of Cognitive Behavioral Psychotherapies*, Ankara, Türkiye.
- Yanik, H. K.\*, **Selman, S. B.**, Uysal, B., & Gormez, V. (2024). Turkish language proficiency is associated with prosocial skills but not psychological difficulties in Syrian immigrant children. Oral presentation at the *15th International Congress on Psychopharmacology & Child and Adolescent Psychotherapy (ICP 2024)*, Antalya, Türkiye.
- Yapici, N. E.\*, Derin, S., & **Selman, S. B.** (2024). Exploring the link: Maternal childhood trauma, adult attachment styles, and autism spectrum disorders in early childhood. Oral presentation at the *15th International Congress on Psychopharmacology & Child and Adolescent Psychotherapy (ICP 2024)*, Antalya, Türkiye.
- Balin, B.\*, **Selman, S. B.**, & Wang, T. (2024). Infant statistical learning: The role of daily routines and maternal working hours. Poster presentation at the *XXIV Biennial Congress of the International Congress of Infant Studies (ICIS 2024)*, Glasgow, Scotland.
- Balin, B.\*, **Selman, S. B.**, & Wang, T. (2024). Daily routines and statistical learning exploration in infants. Poster presentation at the *13th Annual CEU Conference on Cognitive Development (BCCCD24)*, Budapest, Hungary.
- Selman, H. S., Karabekir, N., Coker, H., & **Selman, S. B.** (2022). Childbirth education may be an opportunity for improving medical interventions among obstetricians: Preliminary results. Oral presentation at the *2nd International 4th National Childbirth Education and Educators Congress*, Izmir, Türkiye.
- Derin, S., Unal, O.\*, & **Selman, S. B.** (2022). The association between attention-deficit/hyperactivity disorder and pathological internet use among adolescents. Poster presentation at the *13th International Congress on Psychopharmacology & Child and Adolescent Psychotherapy (ICP 2022)*, Antalya, Türkiye.
- Derin, S., Ersin, M.\*, **Selman, S. B.**, & Gercek, C. (2022). Internet addiction in adolescents with attention-deficit/hyperactivity disorder: Associations with parental depression and anxiety. Poster presentation at the *9th Congress of the European Academy of Pediatric Societies (EAPS 2022)*, Barcelona, Spain.
- Selman, S. B.**, Distefano, R., Dilworth-Bart, J., & Brooks-Gunn, J. (2022). Stability in routines during the preschool period and associations with child well-being. Oral presentation at the *9th Congress of the European Academy of Pediatric Societies (EAPS 2022)*, Barcelona, Spain.

- Kocabay, N. E.\*, **Selman, S. B.**, Cakmak, A.\*, Gurel, B. F.\*, Eroglu, Z.\*, Alan, S. S.\*, & Dilworth-Bart, J. (2022). Timing of various types of housing instability and behavioral and social outcomes in middle childhood. Poster presentation at the *17th European Congress of Psychology*, Ljubljana, Slovenia.
- Gurel, B. F.\*, **Selman, S. B.**, Kocabay, N. E.\*, Cakmak, A.\*, Alan, S. S.\*, Eroglu, Z.\*, & Dilworth-Bart, J. (2022). The importance of sleep duration: Attentional and externalizing problems in preschoolers of depressed mothers. Oral presentation at the *12th Annual CEU Conference on Cognitive Development (BCCCD22)*, Budapest, Hungary.
- Church, M.\*, **Selman, S. B.**, & Dilworth-Bart, J. (2021). Early home-school meso-system associations with academic and social competence at age 9. Poster presentation at the *International Society for Developmental Psychobiology (ISDP 2021)*, Chicago, Illinois, USA.
- Spicer, A., Schultz, A., Olson, M., Olaiya, O., **Selman, S. B.**, Schauer, J., Kirkorian, H., Malecki, K., & Dilworth-Bart, J. (2019). The CREATE study: Pilot testing cumulative personal environmental exposure and educational readiness assessments in pre-school children. Poster presentation at *31st Annual Conference of the International Society for Environmental Epidemiology (ISEE 2019)*, Utrecht, Netherlands.
- Selman, S. B.**, Dilworth-Bart, J., Selman, H. S., Cook, J. G., & Duncan, L. G. (2019). Maternal chronic perinatal distress, skin-to-skin contact, and emotional and cognitive development in 1-5 month old infants at-risk. Oral presentation at the *International Birth Teams and Birth Psychology Congress*, İstanbul, Türkiye.
- Selman, S. B.**, Tuladhar, C. T., Kao, K. & Tarullo, A. R. (2019). The role of chronic physiological stress & mother-infant interaction in executive function development in early childhood. Poster presentation at the *Society for Research in Child Development (SRCD 2019)*, Baltimore, Maryland, USA.
- Selman, S. B.**, Schultz, A., Olson, M. M., Olaiya, O., Spicer, A., Schauer, J., Kirkorian, H., Malecki, K., & Dilworth-Bart, J. (2019). Measuring early language environment quality in early childhood: Results from the CREATE study. Poster presentation at the *Wisconsin Environmental Health Network (WEHN)*, Madison, WI, USA.
- Schultz, A., **Selman, S. B.**, Olson, M. M., Olaiya, O., Spicer, A., Schauer, J., Kirkorian, H., Malecki, K., & Dilworth-Bart, J. (2019). Cumulative risks, early development and academic trajectories: Rationale and methods. Poster presentation at the *Wisconsin Environmental Health Network (WEHN)*, Madison, WI, USA.
- Olson, M., Schultz, A., **Selman, S. B.**, Olaiya, O., Spicer, A., Schauer, J., Kirkorian, H., Malecki, K., & Dilworth-Bart, J. (2019). Measuring noise duration and intensity in children's environments: Results from the CREATE study. Poster presentation at the *Wisconsin Environmental Health Network (WEHN)*, Madison, WI, USA.
- Olaiya, O., Schultz, A., **Selman, S. B.**, Olson, M. M., Spicer, A., Schauer, J., Kirkorian, H., Malecki, K., & Dilworth-Bart, J. (2019). Micro-environmental PM2.5 exposure in young children: Results from CREATE study. Poster presentation at the *Wisconsin Environmental Health Network (WEHN)*, Madison, WI, USA.
- Spicer, A., Schultz, A., **Selman, S. B.**, Olson, M. M., Olaiya, O., Schauer, J., Kirkorian, H., Malecki, K., & Dilworth-Bart, J. (2019). PM2.5 data collection methods and quality control: Results from the CREATE study. Poster presentation at the *Wisconsin Environmental Health Network (WEHN)*, Madison, WI, USA.
- Selman, S. B.**, Tuladhar, C.T., Kao, K. & Tarullo, A. R. (2017). Sleep problems in preschool children: Role of parental education and chaotic households. Poster presentation at the *Association for Psychological Science (APS 2017)*, Boston, MA, USA.
- Selman, H. S., **Selman, S. B.**, Cengiz, G., Karabekir, N., Coker, H., Atakir, E.A., & Caliskan, C. (2017). The role of midwives in continuous support for pregnant women in labor. Poster presentation at the *1st World Congress on Maternal-Fetal Neonatal Medicine*, London, UK.

Tanriverdi-Ozkan, B., **Selman, S. B.**, Pala S., Duru A. D., & Bilge R. (2016). Tunnel memory for traumatic events: is it real? Poster presentation at the *Psychonomic Society's 57th Annual Meeting*, Boston, MA, USA.

Balcioğlu, T., Sahin, D., Assem, M., **Selman, S. B.**, & Duru, D. G. (2014). Analysis of gaze characteristics with eye tracking in elite athletes: A pilot study. Poster presentation at the *18th National Biomedical Engineering Meeting (BIYOMUT)*, İstanbul, Türkiye.

**Selman, S. B.**, Karadag, M., Assem, M. & Duru, A. D. (2014). Event-related potential measurements of the emotional Stroop test in athletes of combat sports: A pilot study. Poster presentation at the *18th National Biomedical Engineering Meeting (BIYOMUT)*, İstanbul, Türkiye.

### Invited Talks and Public Lectures

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| Speaker, Behind the Scenes of Daily Routines. <i>TedX-Ataturk University</i> , Erzurum, Türkiye                                                           | Dec 1, 2025     |
| Speaker, Conducting a Systematic Review: An example from Routines and Child Development paper, <i>Ankara Social Sciences University</i> , Ankara, Türkiye | July 31, 2024   |
| Speaker, Academia Talks Seminar Series, <i>MEF University Psychology Club</i> , İstanbul, Türkiye                                                         | May 23, 2024    |
| Speaker, Effective Learning-How the Brain Learns Best, İstanbul, Türkiye                                                                                  | August 29, 2020 |
| Speaker, Stress, Coping, and Resilience During the Pandemic, <i>Pioneering Volunteers (Oncu Gonuller)</i> , İstanbul, Türkiye                             | May 31, 2020    |
| Presenter, Career Talks, <i>Women Healthcare Professionals Solidarity</i> , İstanbul, Türkiye                                                             | Aug 27, 2019    |

### Editorial Service

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| Editorial Board, <i>Journal of Family Theory &amp; Review (JFTR)</i>                                                                                                                                                                      | 2026-Present  |
| Editorial Board, <i>Jurnal Psikogenesis</i>                                                                                                                                                                                               | 2025-Present  |
| Ad Hoc Reviewer: <i>Developmental Psychology, Infant Mental Health Journal, International Journal of Adolescence and Youth, Journal of Applied Developmental Psychology, Journal of Family Theory &amp; Review, Jurnal Psikogenesis</i> . |               |
| Reviewer Training: How to Review a Manuscript, American Psychological Association, Washington, DC                                                                                                                                         | July 15, 2024 |

### Professional Service and Memberships

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| Turkish Green Crescent Society (Yesilay), <i>Supervisory Board</i>          | 2024-Present |
| National Council on Family Relations (NCFR), <i>Member</i>                  | 2024-Present |
| Turkish Psychological Association (TPD), <i>Member</i>                      | 2023-Present |
| Society for Research in Child Development (SRCD), <i>Member</i>             | 2023-Present |
| American Psychological Association (APA), <i>Member</i>                     | 2021-Present |
| International Congress of Infant Studies (ICIS), <i>Member</i>              | 2021-Present |
| Cognitive Development Society (CDS), <i>Member</i>                          | 2021-2023    |
| International Society for Pre-and Perinatal Psychology and Medicine (ISPPM) | 2018-2023    |
| Association for Contextual Behavioral Science (ACBS), <i>Member</i>         | 2018-2022    |
| Association for Psychological Science (APS), <i>Member</i>                  | 2016-2017    |

## Teaching Experience

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### ***Instructor***

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| <i>Life Span Developmental Psychology</i> , Boğaziçi University, İstanbul, Türkiye        | 2026-present  |
| <i>Introduction to Psychology</i> , Boğaziçi University, İstanbul, Türkiye                | 2026-present  |
| <i>Advanced Research Methods in Psychology</i> , Ibn Haldun University, İstanbul, Türkiye | 2026-2027     |
| <i>Statistical Methods in Psychology</i> , Ibn Haldun University, İstanbul, Türkiye       | 2025-2026     |
| <i>Research Methods</i> , Ibn Haldun University, İstanbul, Türkiye                        | 2024-2026     |
| <i>Advanced Statistics</i> , Ibn Haldun University, İstanbul, Türkiye                     | 2024-2026     |
| <i>Conducting Research in Psychology</i> , Ibn Haldun University, İstanbul, Türkiye       | Feb-May 2024  |
| <i>Seminar Course for Doctoral Students</i> , Ibn Haldun University, İstanbul, Türkiye    | 2023-2026     |
| <i>Statistics</i> , 29 Mayıs University, İstanbul, Türkiye                                | Feb-June 2022 |

### ***Assistant Instructor***

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| <i>Development from Adolescence to Old Age</i> , University of Wisconsin-Madison, Madison, WI | 2022-2023 |
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### ***Teaching Assistant***

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| <i>Development from Adolescence to Old Age</i> , University of Wisconsin-Madison, Madison, WI | 2020-2022         |
| <i>Development of the Young Child</i> , University of Wisconsin-Madison, Madison, WI          | 2018-2020         |
| <i>Introduction to Psychology</i> , İstanbul Şehir University, İstanbul, Türkiye              | Feb-June 2016     |
| <i>Human Memory</i> , İstanbul Şehir University, İstanbul, Türkiye                            | Oct 2015-Jan 2016 |
| <i>Research Methods</i> , İstanbul Şehir University, İstanbul, Türkiye                        | Feb-June 2015     |
| <i>Biopsychology</i> , İstanbul Şehir University, İstanbul, Türkiye                           | Oct 2014-Jan 2015 |

## Research Experience

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### ***Research Assistant & Clinical Intern***

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| <i>Child and Family Ecologies (CAFÉ) Laboratory</i> , University of Wisconsin-Madison, Madison, WI               | 2018-2023          |
| <i>Survey of the Health of Wisconsin (SHOW)</i> , University of Wisconsin-Madison, Madison, WI                   | 2018-2020          |
| <i>Brain and Early Experiences (BEE) Laboratory</i> , Boston University, Boston, MA                              | 2016-2018          |
| <i>Twin Project Laboratory</i> , Boston University, Boston, MA                                                   | 2017-2018          |
| <i>Cognitive Psychology Laboratory</i> , İstanbul Şehir University, İstanbul, Türkiye                            | 2015-2017          |
| <i>Child and Family Studies Laboratory</i> , Koc University, İstanbul, Türkiye                                   | June-Aug 2016      |
| <i>Department of Child and Adolescent Psychiatry</i> , İstanbul University School of Medicine, İstanbul, Türkiye | Oct 2015-June 2016 |
| <i>Harvard Lab for Youth Mental Health</i> , Harvard University, Cambridge, MA                                   | July 2015-2016     |
| <i>Sports Neuroscience and Psychophysiology Laboratory</i> , Marmara University, İstanbul, Türkiye               | 2014-2015          |
| <i>Neurotechnology Laboratory</i> , İstanbul Şehir University, İstanbul, Türkiye                                 | 2014-2015          |

## Professional Experience

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### ***Research Scientist & Consultant***

*Plan Consulting, İstanbul, Türkiye*

Oct 2022-2025

*Khalil Center, Lombard, IL*

April 2022-2025

*Goodable Company, Toronto, ON*

Nov 2022-Aug 2023

## Professional Training

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### ***Advanced Research and Statistical Training***

Path Analysis with Interactions and Indirect Effects in R, *Instats Inc.*

July 7-16, 2024

Fragile Families Summer Data Workshop, *Columbia University Population Research Center, New York, NY*

June 2021

Applied Bayesian Statistics for Education Research, *University of Wisconsin-Madison Madison, WI*

Sept-Dec 2020

Causal Mediation Analysis, *Columbia University, New York, NY*

Aug 12-14, 2020

Salivary Bioscience Training, *University of Wisconsin-Madison, Madison, WI*

Oct 10, 2020

Structural Equation Modeling, *University of Wisconsin-Madison Madison, WI*

Jan-May 2020

Hierarchical Linear Modeling, *University of Wisconsin-Madison Madison, WI*

Jan-May 2020

Data Wrangling in R, *University of Wisconsin-Madison, Madison, WI*

Sept-Oct 2019

Near-Infrared Spectroscopy (NIRS) Training, *Medipol University School of Medicine, İstanbul, Türkiye*

Feb 1-2, 2015

### ***Professional Development Programs***

APA Division 7 Developmental Psychology Mentoring Program, Mentee, *American Psychological Association*

Feb 2026-present

### ***Clinical Training***

Parent-Child Interaction Therapy (PCIT) Training, *Parent Child Interaction Therapy, Inc.*

Jan 2026-present

Prenatal Childbirth Education Course, *Istanbul Birth Academy, İstanbul, Türkiye*

Dec 2025

Family Interaction Training (FIT) Parent Training-Course for Trainers, *Rose F. Kennedy Children's Evaluation and Rehabilitation Center, Montefiore Medical Center, Bronx, NY*

Nov 20-21, 2025

Couples Therapy, *Zihin Okulu, İstanbul, Türkiye*

Nov 1-3, 2025

Dissociative Identity Disorder: Diagnosis and Treatment, *Zihin Okulu, İstanbul, Türkiye*

Oct 29, 2025

Family Counseling, *Marmara University Continuing Education Center, İstanbul, Türkiye*

Dec 2024-May 2025

Child-Centered Play Therapy, *Family Enhancement and Play Therapy Center, Inc., Boiling Springs, PA*

Aug 1-13, 2024

Traditional Islamically Integrated Psychotherapy (TIIP) Level 1, *Khalil School of Islamic Psychology, Lombard, IL*

June 25-30, 2024

Essentials II of Cognitive Behavioral Therapy, *Beck Institute for Cognitive Behavior Therapy, Bala Cynwyd, PA*

July-Sept 2023

Recovery-Oriented Cognitive Therapy for Serious Mental Health Conditions, *Beck Institute for Cognitive Behavior Therapy, Bala Cynwyd, PA*

June-Sept 2022

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| Cognitive Behavioral Therapy for Personality Disorders, <i>Beck Institute for Cognitive Behavior Therapy</i> , Bala Cynwyd, PA                         | Jan-May 2022      |
| Cognitive Behavioral Therapy for Anxiety Disorders, <i>Beck Institute for Cognitive Behavior Therapy</i> , Bala Cynwyd, PA                             | Sept-Dec 2021     |
| Cognitive Behavioral Therapy for Depression, <i>Beck Institute for Cognitive Behavior Therapy</i>                                                      | Aug-Sept 2021     |
| Essentials of Cognitive Behavioral Therapy, <i>Beck Institute for Cognitive Behavior Therapy</i> , Bala Cynwyd, PA                                     | July-Aug 2021     |
| Essentials of Cognitive Behavioral Therapy, <i>Psychology Organizations and Training Center (POEM)</i> , İstanbul, Türkiye                             | Nov 2020-Jan 2021 |
| Structured Clinical Interview Training in Cognitive Behavioral Therapy, <i>Psychology Organizations and Training Center (POEM)</i> , İstanbul, Türkiye | Oct-Nov 2020      |
| Acceptance and Commitment Therapy (ACT) Training, <i>Association of Contextual Sciences and Psychotherapies (TURBAD)</i> , İstanbul, Türkiye           | June-Aug 2020     |
| Child Abuse and Neglect Training, <i>Association for Child Protection Center Support (COKMED)</i> , İstanbul, Türkiye                                  | March-June 2014   |

### ***Workshops, Webinars, and Continuing Education***

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| Assumptions Matter: Diagnosing Problems Before Running the Model, <i>The Dissertation Coach</i> , Online                                                                                                                      | Apr 16, 2026  |
| Designed to Be Heard-Crafting Research for Real-World Impact, <i>International Society for the Study of Behavioral Development (ISSBD) and the Child &amp; Family Global Outreach (CF-GO)</i> , Online                        | Dec 5, 2025   |
| Learning to Understand: Statistical Learning and Language Development, <i>Developing Minds Global Lecture Series</i> , Online                                                                                                 | Dec 4, 2025   |
| Beyond Efficacy: Unveiling the Mechanisms of Change in Psychotherapy, <i>American Psychological Association</i> , Washington, DC                                                                                              | Nov 20, 2025  |
| From Idea to Action: A Beginner's Guide to Dissemination and Implementation Science, <i>International Society for the Study of Behavioral Development (ISSBD) and the Child &amp; Family Global Outreach (CF-GO)</i> , Online | Nov 17, 2025  |
| Science Training Session: Bayesian Inference Without Tears, <i>American Psychological Association</i> , Washington, DC                                                                                                        | Oct 28, 2025  |
| Anger Management for Children and Adolescents, <i>Zihin Okulu</i> , İstanbul, Türkiye                                                                                                                                         | Oct 28, 2025  |
| Effective Study Skills, <i>Zihin Okulu</i> , İstanbul, Türkiye                                                                                                                                                                | Oct 24, 2025  |
| Child Privacy and Body Safety, <i>Zihin Okulu</i> , İstanbul, Türkiye                                                                                                                                                         | Oct 23, 2025  |
| New Guidance for Treating Depression, <i>American Psychological Association</i> , Washington, DC                                                                                                                              | July 26, 2024 |
| The Research on Why It's Important to Give Yourself a Break, <i>American Psychological Association</i> , Washington, DC                                                                                                       | July 2, 2024  |
| Improved Treatment for Developmental Trauma, <i>American Psychological Association</i> , Washington, DC                                                                                                                       | July 23, 2024 |
| Helping Children Get a Good Night's Sleep, <i>American Psychological Association</i> , Washington, DC                                                                                                                         | July 22, 2024 |
| Facebook as a Research Tool, <i>American Psychological Association</i> , Washington, DC                                                                                                                                       | July 22, 2024 |
| Happy Marriages Training, <i>Zihin Okulu</i> , İstanbul, Türkiye                                                                                                                                                              | April 2023    |

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| Before Saying “Yes” Premarital Relationship Training, <i>Zihin Okulu</i> , İstanbul, Türkiye | April 2022 |
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### **Outreach, Public Engagement, and Community Service**

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| Instructor, CV Preparation Workshop, <i>Plan Psychological and Academic Consulting</i> , İstanbul, Türkiye                          | Jun 14, 2024        |
| Instructor, Writing Scientific Paper Workshop, <i>Plan Psychological and Academic Consulting</i> , İstanbul, Türkiye                | May 24, 2024        |
| Moderator, Unity of Inquiry-Exploring the Crossroads of Research and Psychology, <i>Ibn Haldun University</i> , İstanbul, Türkiye   | May 20, 2024        |
| Assistant Instructor, Before Saying “Yes” Premarital Relationship Training, <i>Zihin Okulu</i> , İstanbul, Türkiye                  | May 6, 13, 20, 2024 |
| Panel Discussant, How to Apply to Graduate School, <i>Pioneering Volunteers (Oncu Gonuller)</i> , İstanbul, Türkiye                 | Oct 31, 2020        |
| Presenter, Writing a Literature Review, Research Design Workshop, <i>Pioneering Volunteers (Oncu Gonuller)</i> , İstanbul, Türkiye  | Aug 9, 2020         |
| Symposium Coordinator and Panel Discussant, Child Abuse and Neglect Symposium, <i>İstanbul Şehir University</i> , İstanbul, Türkiye | Nov 14, 2014        |
| Volunteer Teacher, <i>Uskudar Child Protection and Education Center</i> , İstanbul, Türkiye                                         | Nov 2014-Mar 2016   |
| Writer, Sports Page, <i>Turkish Green Crescent Society Magazine</i> , İstanbul, Türkiye                                             | 2012-2014           |
| Athlete, <i>Turkish Karate Federation</i> , İstanbul, Türkiye                                                                       | 1998-2008           |