

**Zehra M. Kaya, PhD**  
[zehramerve.kaya@boun.edu.tr](mailto:zehramerve.kaya@boun.edu.tr)

**Education & Credentials**

<b>The Association of State and Provincial Psychology Boards</b> Licensed Clinical Psychologist, IL License Number: <b>071.010858</b>	<b>October 2022</b>
<b>The Association of State and Provincial Psychology Boards</b> Licensed Psychologist, NH License Number: <b>1583</b>	<b>April 2022</b>
<b>Cornell University Health Center, Ithaca, NY</b> Clinical Psychology Postdoctoral Fellowship	<b>2020 - 2021</b>
<b>The State University of New York at Buffalo, Buffalo, NY</b> Ph.D., Counseling Psychology (APA Accredited Program)	<b>2015 - 2020</b>
<b>The State University of New York at Buffalo, Buffalo, NY</b> M.Ed., Counseling	<b>2015 - 2017</b>
<b>New York University, New York, NY</b> M.A., Mental Health Counseling and Wellness	<b>2012 -2014</b>
<b>Istanbul University, Istanbul, TURKEY</b> B.A., Psychology	

**Research & Teaching Experiences**

<b>Visiting Scholar</b> Bogazici University, Department of Psychology, Istanbul, Turkey	<b>September 2023 – Present</b>
<b>Instructor</b> Kilis 7 Aralik University, Department of Counseling and Guidance, Kilis, Turkey	<b>January 2023 – Present</b>
<b>Graduate Teaching Assistant</b> The State University of New York at Buffalo CEP 600: Internship for Mental Health Counseling <i>Course Instructor: Sabrina Musson, PhD</i> <i>Weekly Hours: 10 hours</i>	<b>January 2019 – May 2019</b>
<b>Graduate Research Assistant</b> The State University of New York at Buffalo <i>Weekly Hours: 10 hours</i>	<b>August 2018 – January 2019</b>
<b>Graduate Teaching Assistant</b> The State University of New York at Buffalo CEP 410: Introduction to Grief and Bereavement	<b>August 2017 – December 2017</b>

**Diane Hughes, Ph.D. – Research Lab**  
The Center for Research on Culture, Development, & Education  
New York University, New York, NY

**May 2014 – September 2014**

<b>Clinical Experience</b>
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**Licensed Staff Psychologist** **September 2021-September 2022**  
Dartmouth College Health Service, The Counseling Center, Hanover, NH  
*Weekly Hours:* 40 hours per week

**Clinical Psychology Post-Doctoral Fellowship** **September 2020-September 2021**  
Cornell Health Center, Counseling and Psychological Services, Cornell University, Ithaca, NY  
*Supervisors:* Cory Myler, PhD, LP; Wai-Kwong Wong, PhD, & LP; Ken Cohen, PhD, LP  
*Supervision:* 2.5 hours weekly individual supervision and 1 hour of group supervision  
*Weekly Hours:* 40 hours per week

**Group Psychotherapy Specialization** **September 2020 – September 2021**  
Cornell Health Center, Counseling and Psychological Services, Cornell University, Ithaca, NY  
*Supervisors:* Wai-Kwong Wong, PhD, LP; Ken Cohen, PhD, LP  
*Supervision:* 1 hour weekly individual supervision and 1 hour of group supervision

**APA Accredited Pre-Doctoral Residency** **August 2019-August 2020**  
The Counseling Center, University of Illinois Urbana Champaign, Champaign, IL  
*Supervisors:* Deidre Weathersby, PhD, LCP; Carla McCowan, PhD, LCP;  
Kenneth Nafziger, PhD, LCP  
*Supervision:* 4 hours weekly individual supervision and 1.5 hours of group supervision  
*Weekly Hours:* Approximately 45 hours per week (approximately 20 direct intervention)

**Crisis & Risk Management Focus** **August 2019 – August 2020**  
The Counseling Center, University of Illinois Urbana Champaign, Champaign, IL  
*Supervisor:* Deidre Weathersby, PhD, LCP; William Berkhout, PsyD (Spring 2020)  
*Supervision:* 1 hour per week of individual supervision focused on crisis and risk management concerns; 2 hours per month of Suicide Prevention Outreach Team (SPOT) meeting  
*Weekly Hours:* 4-5 (approximately 3-4 direct)

**Health Psychology Advanced Practicum** **August 2018- May 2019**  
Roswell Park Comprehensive Cancer Center, Buffalo, NY  
Psychosocial Oncology  
*Supervisors:* Meghan Pailler, PhD, LCP; Jennifer Hydeman, PhD, LCP  
*Supervision:* 1 hour per week of individual supervision and 2 hours per week of group supervision  
*Weekly Hours:* 16 (approximately 9-10 direct)

**College Counseling Advanced Practicum** **August 2017 – May 2018**  
The SUNY Buffalo State College Counseling Center, Buffalo, NY  
*Supervisor:* Jack Mack, PhD, LCP; Taronish Irani, PsyD, LCP  
*Supervision:* 2 hours per week of individual supervision  
*Weekly Hours:* 20 hours (approximately 10-12 direct hours)

**Eating Disorder Practicum** **January 2016 – May 2017**  
Buffalo Centre for the Treatment of Eating Disorders, Buffalo, NY  
Partialized Hospitalization Program (PHP), and Intensive Outpatient Program (IOP)  
*Supervisors:* Tracy Welchoff, Ph.D, LCP and Beth Ellen Hancock, LMHC  
*Supervision:* 1 hour per week of individual supervision; 3 hours per week of group supervision  
*Weekly hours:* 20 hours (approximately 15-16 direct hours)

**Health and Wellness Body Image Therapy Group** **October 2015 – December 2015**  
ACCESS Arab American Community Cultural Center, Buffalo, NY  
*Supervisor:* April Arman, LCSW  
*Weekly Hours:* 3 hours

**Trauma Informed Group Psychotehrapy** **April 2015 – July 2015**  
Women’s Empowerment Foundation (HEKVA), Istanbul, TURKEY  
*Weekly Hours:* 10 hours (8 direct hours)

**College Counseling Internship** **September 2013- May 2014**  
CUNY LaGuardia Community College Counseling Center, New York, NY  
*Supervisor:* Pierrina Andritsi, Ph.D. LCP  
*Weekly Hours:* 20 hours (approximately 10-12 direct hours)

**Undergraduate Psychology Intern** **January 2010 – February 2010**  
Bakirkoy Psychiatric Hospital, Psychosis & Psychology Units, Istanbul, TURKEY  
*Weekly Hours:* 40 hours

**Undergraduate Psychology Intern** **November 2009 – March 2010**  
Istanbul University Cerrahpasa Faculty of Medicine, Psychiatry, Child Psychiatry and Psychology Units, Istanbul, TURKEY  
*Weekly Hours:* 10 hours

**Undergraduate Psychology Intern** **July 2009 – September 2009**  
Istanbul University Istanbul Faculty of Medicine, Psychology and Psychiatry Units, Istanbul, TURKEY  
*Weekly Hours:* 40 hours

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**Presentations, Proceedings, & Papers**

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Kaptan, S. K., **Kaya, Z. M.**, & Akan, A. (under review). Addressing mental health need after COVID-19: A systematic review of remote EMDR therapy studies as an emerging option. *Frontiers in Psychiatry*.

**Kaya, Z. M.** (2022, November). *The self-care concept in collectivist cultures*. Oral presentation at the 2022 Annual National Board for Certified Counselors (NBCC), Mental Health Connections: Building A Global Counseling Community Conference. Greensboro, NC.

**Kaya, Z. M.** (2021, April). *The paradox of integration of American Muslims during the Trump era*. Oral presentation at the 2021 Annual Muslim Mental Health Conference. East Lansing, MI.

**Kaya, Z. M.** (2020, September). *The Muslim American experience in challenging times*. Oral presentation at University at Buffalo Graduate School of Education’s Conference “Make Good Trouble: Teach in for Racial Equity.”

Cobanoglu, A., **Kaya, Z. M.**, & Ernhout, C. (2020, August). *The mediating role of coping on the relationship between childhood maltreatment and emotional dysregulation for college students*. Annual Convention of American Psychological Association, Division 53. Virtual Conference (due to Covid-19 restrictions).

**Kaya, Z. M.** & Sievers, B. (2020, April). *Integrating the personal and the professional: Moving social justice competency beyond the workplace*. Roundtable presentation at the 2020 Counseling Psychology Conference. New Orleans, LA. (Proposal accepted) (Conference canceled)

**Kaya, Z. M.** (2020, March). *Perceived religious discrimination among Muslim Americans in the Trump era and applying these results to case conceptualization/formulation within social justice framework*. Oral presentation at the 2020 annual Muslim Mental Health Conference. Chicago, IL.

Guzman, M., Hoang, T.M., **Kaya, Z. M.**, & Sievers, B. (2019, September). Intersectionality within supervisory relationships. Roundtable presentation at Dennis H. May Conference on Diversity Issues and the Role of Counseling Centers. Champaign, IL. \*Presenters are alphabetically listed.

**Kaya, Z. M.**, & Reynolds, A. L. (2019, August). *A comparative study of body image among Muslim and non-Muslim women living in the United States*. Poster session presented at the annual convention of American Psychology Association, Division 35. Chicago, IL.

**Kaya, Z. M.** (2019, July). *Cultural competency training about the Muslim student experience for college counseling center clinicians*. Poster session presented at Psychology Summer Institute of Minority Fellowship Program. Washington, DC.

**Co-Panelist for Division 17 Cultural Competency Webinar Series** **April 26, 2019**  
*Title: Experiences of American Muslims in the Trump Era: Identity Development, Resilience and Mental Health*

<b>Supervision &amp; Training</b>
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**Clinical Supervisor** **August 2019 – August 2020**  
The Counseling Center, University of Illinois Urbana Champaign, Champaign, IL  
*Supervisors:* Theresa Benson, PhD, LCP; Tzu-An Hu, PhD, LCP  
*Supervision:* 1 hour of didactic supervision training bi-weekly (August 2019 – December 2019);  
1 hour of supervision-of-supervision weekly (January 2020 – May 2019)

**Outreach & Prevention Supervisor** **August 2019 – August 2020**  
The Counseling Center, University of Illinois Urbana Champaign, Champaign, IL  
*Supervisor:* Deidre Weathersby, PhD, LCP, Associate Director of Outreach & Prevention  
*Supervision:* 1 hour of didactic outreach seminar weekly

**Pre-Practicum Supervisor** **January 2019 – May 2019**  
The State University of New York at Buffalo, Buffalo, NY  
*Supervisor:* Hannah Suh, PhD  
*Supervision:* 3 hours of didactic supervision training (January 2019 – May 2019); 1 hour of supervision-of-supervision weekly (January 2019 – May 2019)

**Graduate Clinical TA** **January 2019 – May 2019**  
The State University of New York at Buffalo, Buffalo, NY

Supervisor: Sabrina Musson, PhD

<b>Professional Development &amp; Training &amp; Certificates</b>
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| <b>Working with Grief and Loss</b><br>Psikoloji Istanbul<br><i>Instructor: Robert Niemeyer, PhD</i>   | <b>October 2023</b>  |
| <b>Ambiguous Loss</b><br>Turkish Psychological Association<br><i>Instructor: Pauline Boss, PhD</i>  | <b>June 2023</b>     |
| <b>Suicide Among College Student Clients: Who Is at Risk?</b><br>Center for Collegiate Mental Health<br><i>Instructor: Jeffrey A. Hayes, Ph.D</i>   | <b>November 2021</b> |
| <b>Special Institute: Treating Insecure Attachment in Group Psychotherapy</b><br>American Group Psychotherapy Association<br><i>Instructor: Aaron Black, Ph.D.</i>  | <b>February 2021</b> |
| <b>Shame and Humiliation in Group Therapy: Be Careful What You Wish for</b><br>American Group Psychotherapy Association<br><i>Instructors: Aaron Black, Ph.D., Joseph Shay, PhD, Chera Finnis, PhD, &amp; Molynd Leszcz, MD</i>   | <b>February 2021</b> |
| <b>Groups as Cultures of Resilience: A Psychodynamically Oriented Decolonizing Approach to Treating Addiction and Trauma</b><br>American Group Psychotherapy Association<br><i>Instructor: Marcia Nickow, Psy.D.</i>  | <b>February 2021</b> |
| <b>Women and Aggression: History, Healing and Power</b><br>American Group Psychotherapy Association<br><i>Instructor: Alexis Abernethy, PhD, Nanine Ewing, PhD, &amp; Jan Morris, PhD</i>   | <b>February 2021</b> |
| <b>Communicating Psychological Expertise to the Public</b><br>Association of State and Provincial Psychology Boards,<br>The National Register of Health Service Psychologists<br><i>Instructor: Andrea Bonior, Ph.D.</i>  | <b>November 2020</b> |
| <b>Talking Racial Stress: Assessing, Treatment Planning for Experiences of Racial Discrimination</b><br>Association of State and Provincial Psychology Boards,<br>The National Register of Health Service Psychologists<br><i>Instructor: Ryan C.T. DeLapp, Ph.D.</i>         | <b>November 2020</b> |
| <b>Clinical Suicidology Certificate Program (3 Modules)</b><br>Association of State and Provincial Psychology Boards,<br>The National Register of Health Service Psychologists<br><i>Instructors: Samantha Chalker, Ph.D., Blaire Ehlet, Ph.D., &amp; Josephine Au, Ph.D.</i> | <b>October 2020</b>  |
| <b>Using Social Class and Classism Theory to Strengthen Our Understanding of Clients,</b>   | <b>October 2020</b>  |

Association of State and Provincial Psychology Boards,  
The National Register of Health Service Psychologists  
*Instructor: William Ming Liu, Ph.D.*

**Navigating Terminations: Complexities, Ethics, and Risk Management** **September 2020**  
Association of State and Provincial Psychology Boards,  
The National Register of Health Service Psychologists  
*Instructor: Leisl M. Bryant, Ph.D., ABPP*

**When Grief Goes Viral and Therapy Goes Virtual: Responding to Loss Online During a Crisis** **July 2020**  
Association of State and Provincial Psychology Boards,  
The National Register of Health Service Psychologists  
*Instructor: Robert A. Neimeyer, Ph.D.*

**Online Couples Therapy: Tips for Good Outcomes** **June 2020**  
Association of State and Provincial Psychology Boards,  
The National Register of Health Service Psychologists  
*Instructor: Kyle Killian, Ph.D., LMFT*

**Persistent Depressive Disorders** **June 2020**  
The National Register of Health Service Psychologists  
APA Division 12, Clinical Psychology  
*Instructor: Jennifer Kim Penberthy, Ph.D., ABPP*

**Suicidal Risk and Telepsychology: From Supportive Recourse to Clinical Treatment** **May 2020**  
Association of State and Provincial Psychology Boards,  
The National Register of Health Service Psychologists  
*Instructor: David Jobes, Ph.D., ABPP*

**Work and Unemployment in the Time of COVID-19: Mental Health and Work-Based Implications** **May 2020**  
APA Division 17, Counseling Psychology  
*Instructor: David Blustein Ph.D.*

**After the Acute Face of Coronavirus – What Comes Next?**  
Association of State and Provincial Psychology Boards  
The National Register of Health Service Psychologists  
*Instructors: Janna Martin, Ph.D., Morgan Sammons, Ph.D., ABPP, & Alex Siegel, J.D., Ph.D.*

**Understanding and Treating Obsessive-Compulsive Disorder** **May 2020**  
Association of State and Provincial Psychology Boards  
The National Register of Health Service Psychologists  
*Instructor: Jonathan S. Abramowitz, Ph.D.*

**Understanding and Stabilizing Safety Problems with Severely Dissociative Clients** **April 2020**  
Trauma Psychology in the World of the Coronavirus Series  
APA Division 56, Trauma Psychology  
*Instructor: Bethany Brand, Ph.D.*

**A Practical Guide to Providing Telepsychology with Minimal Risk** **March 2020**  
Association of State and Provincial Psychology Boards  
The National Register of Health Service Psychologists

*Instructors: Mary Alvord, Ph.D., Alex Siegel, JD., Ph.D., & Eric Harris, Ph.D.*

**Forensic Evaluation Training**

**October 2017**

Human Rights Initiative at The SUNY at Buffalo

*Instructors: Kim Griswold, M.D., M.PH, Cynthia Pristach, M.D., & Irene Rekhviashvili, Esq*

**Advanced Study: Introduction to Psychoanalysis**

**June 2014 – August 2014**

The Brooklyn Institute for Social Research, Center for Jewish History, New York, NY

*Instructor: Loren Dent, Ph.D.*

**Grief and Bereavement Counseling Training**

**January 2014**

New York University

*Instructor: Christiane Manzella, Ph.D, LCP, Thanatologist*

**Neuroscience Graduate Courses**

**January 2011 – June 2012**

Istanbul University Medical School, Neuroscience Master's Program

**Rorschach Ink Blok Test Training**

**September 2010 – June 2011**

Society of Rorschach and Projective Tests (RPTD), Istanbul, TURKEY

*Instructor: Bengi Pirim-Dusgor, Ph.D.*

**Community Outreach**

**Volunteer Counselor**

**March 2016 – present**

RAHAMA (Resources and Help Against Marital Abuse), Buffalo, NY

*Supervisor: April Arman, LCSW*

**Organizing Committee Member**

**September 2009 - June 2010**

Women Health Scientists Association, (KASAD-D), Istanbul, TURKEY

**Honors and Awards**

**American Group Psychotherapy Association (AGPA) Mental Health Chuck Dachis Scholarship**

**January 2021**

- Full scholarship received for AGPA Connect for an early career professional who demonstrates academic and clinical promise in the field of group psychotherapy.
- It covers 6-day registration fee for the training as well as travel stipend.

**APA Minority Fellowship Program, Psychology Summer Institute**

**July 21-27, 2019**

*Mentors: Beth Boyd, Ph.D. Director of University of South Dakota Clinical Psychology Program, Michael Goh, Ph.D. Vice President of Equity and Diversity at University of Minnesota, Martin LaRoche, Ph.D. Associate Professor of Psychology at Harvard Medical School*

- Project topic: Cultural competency training about the Muslim student experience for college counseling center clinicians
- Received one-on-one mentoring by expert faculty members on the research project
- Presented three-minute thesis, and poster for the research project
- Received mentorship for developing a grant proposal, postdoctoral fellowship, dissertation, treatment program, publication, research, service delivery and program evaluation project

## Professional Affiliations

**American Group Psychotherapy Association (AGPA), Member**

**APA Minority Fellowship Program, Fellow**

**American Psychological Association, Member**

Division 17: Society of Counseling Psychology

Division 35: Society for the Psychology of Women

Division 53: Society of Child Clinical and Adolescent Psychology

## Skills

- Personality, cognitive and career testing, including following: WAIS-IV, MMPI-2, MBTI, SII, 16PF, SDS, NEO-3, Rorschach Ink Blok Test, House-Tree-Person Drawing Test
- Language Skills: Native Turkish language speaker and basic communication skills in Arabic